

CANOE/KAYAK EXPERIENCE LOG BOOK

ABOUT YOU

NAME

ADDRESS

POSTCODE

TELEPHONE

EMAIL

BCU MEMBERSHIP NUMBER

BCU REGION

LOCAL COACHING ORGANISER

MEMBER OF

CANOE CLUB

FILLING OUT YOUR LOG BOOK.

In this log book there are several types of record sheets, each designed specifically for different areas of your paddle sport. These are;

- Record of Experience
- Record of Coaching
- Record of Courses Attended
- Record of Events and Meetings
- Record of Work With Other Coaches, Clubs or Companies

RECORD OF EXPERIENCE

DATE	DETAILS OF EXPERIENCE



RECORD OF EXPERIENCE (CONTINUED)

DATE	DETAILS OF EXPERIENCE

RECORD OF COACHING

DATE	LOCATION	SESSION TYPE	STUDENT ABILITY	ENVIROMENTAL CONDITIONS	NUMBER OF STUDENTS	ROLE IN GROUP	SESSION LENGTH

RECORD OF COACHING (CONTINUED)

DATE	LOCATION	SESSION TYPE	STUDENT ABILITY	ENVIROMENTAL CONDITIONS	NUMBER OF STUDENTS	ROLE IN GROUP	SESSION LENGTH

RECORD OF COURSES ATTENDED

DATE	LOCATION	COURSE	ENVIROMENTAL CONDITIONS	DELIVERIERS NAME/SIGNATURE	ACHIEVED

RECORD OF COURSES ATTENDED (CONTINUED)

DATE	LOCATION	COURSE	ENVIROMENTAL CONDITIONS	DELIVERIERS NAME/SIGNATURE	ACHEIVED

RECORD OF EVENTS AND MEETINGS ATTENDED

DATE	EVENT OR MEETING	DETAILS	OUTCOME

RECORD OF WORK WITH OTHER COACHES, CLUBS OR COMPANIES

DATE	DETAILS OF WORK	LOCATION